



*“Exploring the  
Natural World”*

**Earth Day 2017**

**FESTIVAL**

**Sherman Municipal Grounds**

**April 22, 2017 • 9 AM to 5 PM**

**Keynote Speaker: George Diggs**  
Professor of Biology at Austin College  
11 AM – 12 PM

**Featuring:**

*Speakers & Workshops      Pet Adoptions      Children's Art Show*  
*Art, Music, Food              Blood Drive              Kids Activities*  
*Vendors                              TRASHION IV – A Trash Fashion Show*  
*Recycling (E-Waste, Styrofoam, plastics, paper,  
paper shredding, clothes)*

**Free Admission & Parking**  
**[www.EarthdayTexoma.org](http://www.EarthdayTexoma.org)**

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*Sherman*  
CLASSIC TOWN. BROAD HORIZON.

## Main Stage – Gazebo

9:00 – 9:30 a.m.	Maxwell's Tae Kwon Do
9:30 – 10:00 a.m.	Kristina's Studio of Dance
10:00 – 10:30 a.m.	Silver Sneakers Yoga @ Nautilus Family Fitness
10:30 – 11:00 a.m.	Children's Chorus of Greater North Texas
11:00 a.m. – Noon	KEYNOTE SPEAKER – George Diggs – Municipal Ballroom
Noon – 1:00 p.m.	Bad Hat
1:00 – 1:30 p.m.	Zumba at Nautilus Family Fitness
1:30 – 2:00 p.m.	Sherman Community Players
2:00 – 3:00 p.m.	Melody Ranch Ramblers
3:00 – 3:30 p.m.	Grayson College Art Dept. – TRASHION IV
3:30 – 4:30 p.m.	StageStruck from Shawnda Rains Entertainment
4:30 – 5:00 p.m.	Jan's Musical Memories

## Announcements & Drawings On The Hour



## ***Workshops – Classic of Texoma Workshop Tent***

9:50 – 10:40 a.m.	The Pits! Sand Mining and Its Impacts upon the Environment
11:00 a.m. – Noon	Keynote Address (Municipal Ballroom) Texas Native Plants: What’s the Big Picture?
12:30 – 1:20 p.m.	HVAC – Making the Required Change to R410A
1:30 –2:20 p.m.	Biochars in Gardening
2:30 –3:20 p.m.	Bees, Bee Removal & Bee Keeping
3:30 –4:20 p.m.	Wild Edible Foods

**Door Prizes at every workshop!**  
**You must attend the workshop to be eligible to win.**

## ***Children’s Events – Municipal Ballroom***

### **Grayson College Visual Arts Department**

Art projects from recycled materials

### **Camp All Saints**

Rubbings from fossils and leaves

### **The Amazing Skippy**

Magic that mixes astonishment and wonder with a little bit of the absurd

### **Grayson County 4-H Youth Development Program**

Recycling info and crafts.

### **Drawing on paper and fabric**



An environmental-action small-ministry circle

## **Red River Unitarian Universalist Church**

*515 N. Burnett Ave., Denison, Texas 75020*

Our purpose is to educate and to live environmentally aware practices.

Facilitator: Amy Hoffman-Shehan (903-821-8198)

**[www.rruu.org](http://www.rruu.org)**

*All those who love the Earth are welcome!*

Thanks for organizing the Earth Day Festival.

### **POTTSBORO COMMUNITY GARDEN**

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For Information Contact

Robin Jones, Garden Manager

[robinjones@pottsborocommunitygarden.org](mailto:robinjones@pottsborocommunitygarden.org)

### **MAXELL'S TAE KWON DO**

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## Recycle Events

### **Texoma Regional Blood Center**

Please plan a little extra time into your Texoma Earth Day Festival to visit and donate blood

### **Choctaw Nation Going Green\***

Styrofoam, paper, cardboard, ink cartridges,  
#1, #2, and #5 plastics

### **Texoma Community Center\***

Computer and electronic recycling, clothes, jewelry,  
musical instruments and much more

### **Mobile Shred It\***

Paper shredding

### **Sherman Police Department\***

Drug take-back program for expired or unused prescription drugs  
and other unwanted medications

### **Sherman Noon Lions Club**

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## Texoma Earth Day Festival

### Municipal Ballroom

11:00 a.m. to Noon



#### **Texas Native Plants: What's the Big Picture** *Keynote Address*

Dr. Diggs is a botanist and evolutionary biologist who has taught for 35 years at Austin College in Sherman and is a Research Associate at the Botanical Research Institute of Texas. His research interests include the plants of Texas, evolution as it relates to human health, and biogeography. He has co-authored four books and more than 30 scientific articles. In his research he has traveled to all seven continents. His latest books are *The Hunter-Gatherer Within: Health and the Natural Human Diet*, co-authored with Dr. Kerry Brock, and *The Ferns & Lycophytes of Texas*, co-authored with Barney Lipscomb.

Dr. Diggs says his keynote address “will look at the amazing diversity of native Texas plants, ranging from the swamps of east Texas near the Louisiana border to Grayson County (which is especially interesting botanically) to the mountains of west Texas.”

He adds, “We will also examine some big picture questions such as why Texas is home to so many native plants and how changes occurring now and in the future may cause the plant life of Texas to be different in the future.”

### Main Stage – Gazebo

9:00 to 9:30 a.m.

**Maxwell's Tae Kwon Do** teaches the art of self defense while helping students of any age build self-confidence.

Alinda Maxwell, owner and instructor, brings over 20 years experience as she guides students to focus, improve their physical fitness and practice discipline and respect without the aid of the typical “belt” system of awards. Maxwell’s “belt system is not participation-based nor time-based, it is effort- and work-based.” For more information, visit [MaxwellsTaeKwonDo.com](http://MaxwellsTaeKwonDo.com).

# EARTH DAY



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## Jan's Musical Memories

Jan Fletcher  
1050 Hazelwood Road  
Sherman TX 75092  
Cell: 972-897-5796  
Email: jans\_melodies@msn.com

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Visit "Jan's Musical Memories" on Facebook



**9:30 to 10:00 a.m.**

**Kristina's Studio of Dance** in Sherman, is the oldest established studio in the area. The studio has been in business for 41 years, and has served the Texoma area with quality and a caring teaching style. KSD has been nominated "Best Dance Studio of Texoma" for the past 9 years in a row. Dancers from Kristina's Competition Team will be performing routines in tap, jazz, lyrical, hip hop and contemporary styles. They range in age from 5-18 years old. The dancers hold numerous regional and national titles for their dance performances. They are under the direction of Kristina Beeler.

The owner-director is **Kristina Beeler**, who opened the studio when she was 16 years old, graduated from SHS and attended Austin College. The studio has a competition team which has won thousands of regional and national titles over the years and holds several 1st Place Overall National Titles for 2016. Classes are offered in tap, ballet, jazz, hip hop, lyrical and contemporary styles of dance. Registration for the new season will be in August and there will be several summer camps offered in July.

**10:00 to 10:30 a.m.**

**SilverSneakers® Yoga.** YogaStretch will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Led by Carla McDaniel, this group of seniors enjoy better health with this class that meets every Friday morning at 9 am on the basketball court. Come improve your balance and reduce stress in this fun program.





# North Texas Unitarian Universalist Congregations

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10:30 to 11:00 a.m.

**Children's Chorus of Greater North Texas** is very excited to perform at the Earth Day Festival in Sherman. The Chorus will be singing various songs about spring, the earth, and taking care of our resources. Some songs that the Chorus will be performing are: "Earthsongs," "The Wren Song," "Feed the Birds," and many more! The Chorus wants to thank everyone at the Earth Day Festival for the opportunity to use music in order to appreciate and learn more about taking care of our precious Earth.

The Children's Chorus of Greater North Texas' mission is to give children the experience of musical artistry and excellence in a group that reflects the diversity of Greater North Texas. Founded in 2003, the Children's Chorus of Greater North Texas is more than a group of children who sing exceptional music well. The Chorus provides a community where children learn and practice critical values such as integrity, responsibility, caring, respect for others, teamwork, and a love of beauty. The Chorus regards children as artists and musicians worthy of respect. The Chorus performs in several concerts within the community. Heidi Scheibmeir is the music director of the Chorus. More information can be found on Facebook, or on their website: [www.childrenschorus.net](http://www.childrenschorus.net).

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Objectives

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**Noon to 1:00 p.m.**

**Bad Hat** is a local band made up of faculty, staff, and friends of Austin College. “We play a wide variety of classics and less known tunes and write a few of our own. And we play them in a style you might call Cowboy/Celtic Jazz Ukulele. We just call it Bad Hat. Over the last six years, we have performed at numerous events and venues in the Red River Valley.”

**1:00 to 1:30 p.m.**

**Zumba® at Nautilus.** Zumba is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy. They take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba Fitness classes are often called exercise in disguise.

Zumba at Nautilus Family Fitness, Instructor Sarah Pierce

**1:30 to 2:00 p.m.**

**Sherman Community Players.** For over 60 years, Sherman Community Players (SCP) Mainstage has been providing the highest quality of theatrical performances for the Greater Texoma area with a wide variety of comedies, dramas, musicals and melodramas. Current Artistic Director Anthony Nelson, an award winning actor, playwright and teacher, is in his 5th season. This season’s musical production, *Jesus Christ Superstar*, brings talented thespians to the Earth Day Texoma Gazebo Stage. The rock opera by Andrew Lloyd Webber and Tim Rice is loosely based on the Gospels’ accounts of the last week of Jesus’s life, beginning with the preparation for the arrival of Jesus and his disciples in Jerusalem and ending with the crucifixion. The show runs June 2-25.



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2:00 to 3:00 p.m.

**Melody Ranch Ramblers** have been together as a band since 2009 and enjoy playing and singing. They are the house band for the Chrystal Opry House. Members include Judy Ziola, vocals; Charles Woolly, mandolin and harmony vocals; Dale Anderson, bass and vocals; Flavia George, banjo and vocals; and Bill Hayes, rhythm guitar and vocals. Bluegrass music is their chosen style of music. [www.chrystalopryhouse.com](http://www.chrystalopryhouse.com)

3:00 to 3:30 p.m.

**Grayson College Visual Arts Department** will be hosting “Trashion IV,” a runway style trash fashion show. According to wiseGEEK.com, Trashion is a word which is used to refer to objects and garments produced from discarded, unwanted, and leftover items. Trashion encompasses everything from home décor to garments, and public interest in trashion started exploding in the late 1990s, when being environmentally ethical while staying chic started to come into style. Trashion is considered to be a form of upcycling which refers to repurposing things for new uses, rather than simply getting rid of unwanted objects.

Visit [www.earthdaytexoma.org/ED2017/ed2017gcartshow.html](http://www.earthdaytexoma.org/ED2017/ed2017gcartshow.html) for information on how to enter.



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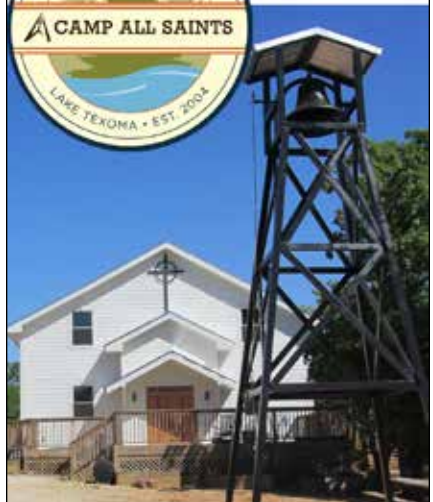
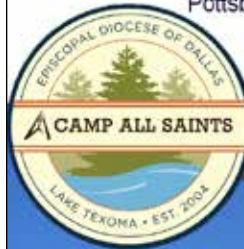
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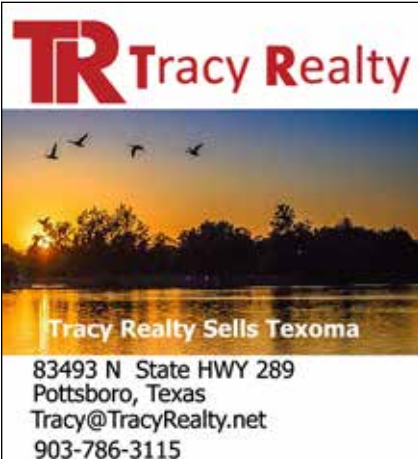
**3:30 to 4:30 p.m.**

**StageStruck** is a high energy performance troupe with Shawnda Rains Entertainment Group out of Denison, TX. This extraordinary group of performers continues to electrify audiences with their unbelievable talent and energetic performances. StageStruck is a group of seventeen artists who perform today's hits as well as yesterday's favorites. They sing, dance, harmonize and engage your audience in the fun. They will be a fan favorite at your next festival or event. To book contact SREG @ 903-436-4152.

**4:30 to 5:00 p.m.**

**Jan's Musical Memories.** What a joy to return to the Texoma Earth Day Festival on the Gazebo Stage as a performer, even though only a program filler. Throughout my life, singing in school and church whether as solo or part of an ensemble proved the best of times. During the late 1980s, I performed with the Dallas Symphony Chorus. Since moving to Texoma in 2007, I performed in the Sherman Community Players production of "The Music Man" — 2008, the Rehabilitation Center's Search for the Stars — 2010 & 2011, the Villagers Chorale & hosted a monthly music JAM. And the past 4+ years I am honored to emcee the annual EDT Festival as well as work year-round to book quality entertainment for this wonderful event.

Jan's Musical Memories began in 2005 in the Metroplex to provide vocal entertainment for a variety of senior living facilities. I now cover Grayson, Collin, Bonham, Denton, Dallas, Tarrant and Wichita Counties in Texas singing for seniors and private parties. My variety of music (Broadway, Pop Standards, Big Bands, Nostalgic Oldies, Early Rock 'n Roll, Classic Country as well as special holiday themes) and enthusiastic love for performing deliver nostalgic fun for all generations.



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healthy planet  
for healthy lives!*



## *Workshops – Classic of Texoma Workshop Tent*

**9:50 to 10:40 a.m.**

### **The Pits! Sand Mining and Its Impacts upon the Environment.**

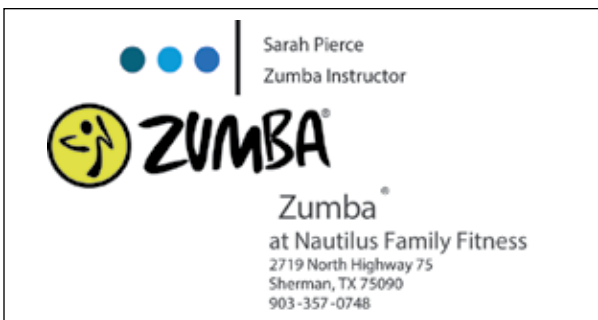
In February this year, the Guardian newspaper called sand mining “the global environmental crisis you’ve probably never heard of.” But this crisis has come to our own back yard. In this workshop, we will briefly review the forces driving increased sand mining and the risks it poses to our water, our soil, and to human and non-human communities. We will show visual evidence of the impact of sand mining along the Red River and talk about how it is endangering land, water, and residents who live in Fannin and Grayson counties. We will inform attendees of action that citizens here are taking to do something about it, and give attendees an opportunity to become involved in this fight in a meaningful way.

Three presenters from CORE (Citizens Organizing for Resources & Environment): Dr. Alan Jay Richard, a public health research consultant; Karol Alexander, a retired public school administrator and a longtime Fannin-County resident; and Todd Ellis, an environmental and social-justice activist. CORE is a Fannin-County-based nonprofit that “helps organize local people to address the environmental effects of sand-mining,” according to Dr. Richard.

**12:30 to 1:20 p.m.**

**HVAC—Making the Required Change to R410A.** Jason Pearson of All Seasons HVAC will discuss the need to convert heating-ventilation-air-conditioning equipment in homes and businesses from ozone-depleting HCFCs (hydrochlorofluorocarbons) to a more environmentally-friendly alternative.

The Montreal Protocol, to which the United States is a party, requires a complete phase-out of HCFC use in 2030 and reduced usage by 2020. Pearson is an HVAC-certified contractor in both Texas and Oklahoma, has universal Environmental Protection Agency (EPA) certification, and holds the Associates of Applied Science Degree in HVAC from Austin College.





# ART DEPARTMENT

Steve O Black, GCC Fine Arts Chair, 903-463-8662

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## Children's Chorus of Greater North Texas

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[BadHatTx@gmail.com](mailto:BadHatTx@gmail.com)

**1:30 to 2:20 p.m.**

**Biochar and Its Practical Application in Home Gardening.**

Dr. Omar Harvey of Texas Christian University will discuss Biochar, a specially prepared charcoal which can be added to soil to reduce the need for traditional chemical fertilizers and enhance crop yields, while also benefiting the climate.

**2:30 to 3:20 p.m.**

**Bees, Bee Removal & Beekeeping.** Charles Adams of Adams Bee Removal will discuss the contribution bees make to the ecology of the planet and safe methods of removing bee hives.

**3:30 to 4:20 p.m.**

**Wild Edible Foods.** Robin Jones of Pottsboro Community Garden will discuss both edible and medicinal plants that grow in the wild, how to identify them and how to use them. Jones will bring bugs for workshop attendees to snack on!

***Children's Events – Municipal Ballroom***

**The Amazing Skippy** creates magic that mixes astonishment and wonder with a little bit of the absurd. He has performed all across America and internationally and has been seen by literally dozens of people in the Tri-State Area. His latest one-man show is entitled "I Paid Five Dollars for This?" and is set to open in the fall of 2017. In his spare time, Skippy continues to search for his invisible thread and his favorite font is Franklin Gothic Demi.



## The 2017 Earth Day Festival Sponsors

### Conservationist Level

Red River Unitarian Universalist  
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### Environmentalist Level

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Choctaw Nation Going Green  
City of Sherman  
Jan's Musical Memories  
Texoma Community Center  
Grayson College Art Department

### Preservationist

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